

Your Full Name: _____

Date: _____

Public Speaking Activity – Reflection

Use the spaces below to write some observations on what you liked and disliked about your peers' talks in today's activity, as well as your own talk. Return to these reflections when you are practicing for future presentations to remind yourself of your presentation ideals.

What public speaking behaviors did you observe today that you want to **emulate** during your presentation later this semester? Why?

What public speaking behaviors did you observe today that you want to **avoid** during your presentation later this semester? Why?

What did you notice about yourself as you gave your 60-second talk? How might you **support yourself** both in maintaining your expert behaviors and improving upon your novice behaviors?